



Tukiliartut Conference – Kuujjuaraapik August 30-31, 2023

The second Tukiliartut Conference took place in Kuujjuaraapik with 19 participants from Kangirsuk, Kuujjuaq, Tasiujaq, Kangiqsujuaq, Quaqtaq, Ivujivik, Puvirnituaq, Kuujjuaraapik, Inukjuak and Montreal. Topics covered included triggers/strategies, connections, stigma, and self-care. We spent one afternoon on the land having a picnic and berry picking.

Many participants were happy to be at the conference and learned some new things. There were more people who were interested in attending but cancelled last minute. The main message we come away with is, we need to re-write the narrative of our people and highlight the sober choices people are making.

We are thankful to have worked with Chad Diabo (Mohawk from Montreal), Pasha Arngak, Louisa Cookie-Brown and Stephanie Boisclair (Inuulitsivik Health Centre). We also have to thank the Tasiurvik Family House for helping us get the picnic started and cleaned up.

The next conference will take place in Kuujjuaq 2025. Suggestions included more men, youth, and participants in general.

